

# smokecheck

Brief intervention for smoking cessation

## The SmokeCheck Training Workshop covers

Brief Intervention & Motivational Interviewing	Health Effects from Smoking
History of Tobacco Use	Nicotine Dependence
Smoking Prevalence in Aboriginal & Torres Strait Islanders and the General Population in Australia	Nicotine Replacement Therapy & Other Quit Smoking Aids
Impact of Tobacco on Indigenous Australians	Environmental Tobacco Smoke
Social Determinants on Indigenous Health	"Stages of Change" Health Promotion Model
Cigarette Content	SmokeCheck Resources & Case Studies

**When:** Tuesday 21 June 2011, 9.00am – 3.30pm

**Where:** ATRAC Symposium, Holiday Inn, Sydney Airport

**Contact:** Paula ph: 9351 5129, or Luciana ph: 9036 7113

**Email:** [smokecheck@sydney.edu.au](mailto:smokecheck@sydney.edu.au)

**Limited places, registrations will be confirmed if available.**

**RSVP by:** 10 June 2011

***Please Note:***

*the contribution and attendance of health workers who smoke will be valued and is encouraged.*

**You can also register online:**

**[www.smokecheck.com.au](http://www.smokecheck.com.au)**



smokecheck...Working towards Smoke Free Aboriginal communities in NSW

