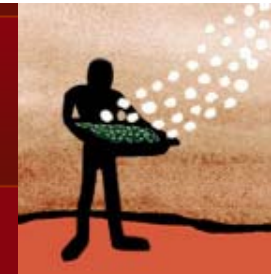


smokecheck

Brief Intervention for Smoking Cessation



The SmokeCheck Training Workshop covers

Brief Intervention & Motivational Interviewing	Health Effects from Smoking
History of Tobacco Use	Nicotine Dependence
Smoking Prevalence in Aboriginal & Torres Strait Islanders and the General Population in Australia	Nicotine Replacement Therapy & Other Quit Smoking Aids
Impact of Tobacco on Indigenous Australians	Environmental Tobacco Smoke
Social Determinants on Indigenous Health	“Stages of Change” Health Promotion Model
Cigarette Content	SmokeCheck Resources & Case Studies

SmokeCheck Program, Phone: (02) 9036 7113
Email: smokecheck@sydney.edu.au

When: Thursday 17th March 2011,
9.00am – 3.30pm

Where: **Cumbeyan Aboriginal Health Service,**
28 Rutledge Street, Queanbeyan

Contact: Luciana, ph: 9036 7113 or Jess, ph: 9351 5129

RSVP by: 10th March 2011

Please Note: the contribution and attendance of health workers who smoke will be valued and is encouraged.

You can also sign up online, visit www.smokecheck.com.au

