

# smokecheck

Brief intervention for smoking cessation

## The SmokeCheck Training Workshop covers

Brief Intervention & Motivational Interviewing	Health Effects from Smoking
History of Tobacco Use	Nicotine Dependence
Smoking Prevalence in Aboriginal & Torres Strait Islanders and the General Population in Australia	Nicotine Replacement Therapy & Other Quit Smoking Aids
Impact of Tobacco on Indigenous Australians	Environmental Tobacco Smoke
Social Determinants on Indigenous Health	“Stages of Change” Health Promotion Model
Cigarette Content	SmokeCheck Resources & Case Studies

**When:** Tuesday 6 December 2011, 9.30am – 4.00pm

**Where:** Bloomfield Campus, Bldg 34 – “Parkview”  
Forest Rd, Orange

**Email:** [smokecheck@sydney.edu.au](mailto:smokecheck@sydney.edu.au)

**Phone:** Tanya: 9351 7431 or Paula: 9351 5129

**RSVP by:** 28 November 2011

**Please note:**  
*the contribution and attendance of health workers who smoke will be valued and is encouraged.*

**You can also register online:**  
[www.smokecheck.com.au](http://www.smokecheck.com.au)



smokecheck...Working towards smoke free Aboriginal communities in NSW

