

smokecheck

Brief intervention for smoking cessation

The SmokeCheck Training Workshop covers

Brief Intervention & Motivational Interviewing	Health Effects from Smoking
History of Tobacco Use	Nicotine Dependence
Smoking Prevalence in Aboriginal & Torres Strait Islanders and the General Population in Australia	Nicotine Replacement Therapy & Other Quit Smoking Aids
Impact of Tobacco on Indigenous Australians	Environmental Tobacco Smoke
Social Determinants on Indigenous Health	“Stages of Change” Health Promotion Model
Cigarette Content	SmokeCheck Resources & Case Studies

When: Thursday 3 November 2011, 9.30am – 4.00pm

Where: East Nowra Neighbourhood Centre
2/ 80 Park Rd, East Nowra

Email: smokecheck@sydney.edu.au

Phone: Tanya: 9351 7431 or Paula: 9351 5129

RSVP by: 27 October 2011

Please note:
the contribution and attendance of health workers who smoke will be valued and is encouraged.

You can also register online:
www.smokecheck.com.au



smokecheck... Working towards smoke free Aboriginal communities in NSW

