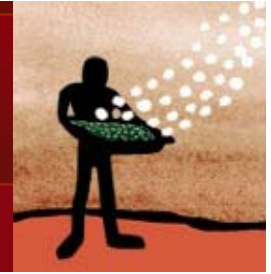


# smokecheck

Brief intervention for smoking cessation



## The SmokeCheck training workshop covers

Brief intervention and motivational interviewing	Health effects
History of tobacco use	Nicotine dependence
Smoking prevalence and tobacco use	Nicotine replacement therapy and other quit smoking aids
Impact of tobacco on Aboriginal and Torres Strait Islanders	Environmental tobacco smoke
Social determinants of health	Health promotion and stages of change
Cigarette content	SmokeCheck resources & case studies

SmokeCheck Program, Phone: (02) 9036 7113  
Email: [smokecheck@sydney.edu.au](mailto:smokecheck@sydney.edu.au)

**When:** Thursday 21 April 2011, 9.30am – 4.00pm

**Where:** “The Shed”, Awabakal Newcastle Aboriginal Co-operative, Hannell Street, Wickham

**Contact:** Luciana, ph: 9036 7113 or Jess, ph: 9351 5129

**RSVP by:** 14 April 2011

*Please Note: the contribution and attendance of health workers who smoke will be valued and is encouraged.*

**You can also sign up online, visit [www.smokecheck.com.au](http://www.smokecheck.com.au)**

