

smokecheck

Brief intervention for smoking cessation

The SmokeCheck Training Workshop covers

Brief Intervention & Motivational Interviewing	Health Effects from Smoking
History of Tobacco Use	Nicotine Dependence
Smoking Prevalence in Aboriginal & Torres Strait Islanders and the General Population in Australia	Nicotine Replacement Therapy & Other Quit Smoking Aids
Impact of Tobacco on Indigenous Australians	Environmental Tobacco Smoke
Social Determinants on Indigenous Health	"Stages of Change" Health Promotion Model
Cigarette Content	SmokeCheck Resources & Case Studies

When: Tuesday 7 June 2011, 9.30am – 4.00pm

Where: Forbes Hospital, 'Conference Room'
Elgin Street, Forbes

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RSVP by: 27 May 2011

Please Note:
the contribution and attendance of health workers who smoke will be valued and is encouraged.

You can also register online:
www.smokecheck.com.au



smokecheck...Working towards Smoke Free Aboriginal communities in NSW

