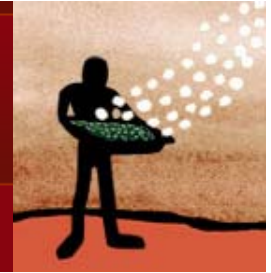


# smokecheck

## Brief Intervention for Smoking Cessation



### The SmokeCheck Training Workshop covers

Brief Intervention & Motivational Interviewing	Health Effects from Smoking
History of Tobacco Use	Nicotine Dependence
Smoking Prevalence in Aboriginal & Torres Strait Islanders and the General Population in Australia	Nicotine Replacement Therapy & Other Quit Smoking Aids
Impact of Tobacco on Indigenous Australians	Environmental Tobacco Smoke
Social Determinants on Indigenous Health	“Stages of Change” Health Promotion Model
Cigarette Content	SmokeCheck Resources & Case Studies

SmokeCheck Program, Phone: (02) 9036 7113  
Email: [smokecheck@sydney.edu.au](mailto:smokecheck@sydney.edu.au)

**When:** Tuesday 29<sup>th</sup> March 2011, 9.30am – 4.00pm

**Where:** Illawarra Aboriginal Corporation & Cultural Centre, 22 Kenny Street, Wollongong (tbc)

**Contact:** Luciana, ph: 9036 7113 or Jess, ph: 9351 5129

**RSVP by:** 18<sup>th</sup> March 2011

*Please Note: the contribution and attendance of health workers who smoke will be valued and is encouraged.*

**You can also sign up online, visit [www.smokecheck.com.au](http://www.smokecheck.com.au)**

